

Course Outline for: PSYC 1140 Psychology of Gender

### A. Course Description

1. Number of credits: 3

2. Lecture hours per week: 3

3. Prerequisites: None4. Corequisites: None

5. MnTC Goals: Goal #5 - History and the Social and Behavioral Sciences

Goal 7A - Human Diversity, Race, Power, and Justice in the United States

What shapes our understanding of gender—our biology, psychology, or the world around us? This course explores how all three interact to influence gender identity, roles, and experiences. You will examine how gender is socialized from childhood, how it develops over time, and how it intersects with other identities like race, sexuality, and socioeconomic status. Through real-world applications and psychological research insights, you will also explore how groups differences related to gender have influenced health, relationship, and societal policies and reactions in the United States.

#### **B. Date last reviewed/updated:** April 2025

### C. Outline of Major Content Areas:

- 1. Evolution of gender
- 2. Psychological theories of gender development
- 3. Gender as it relates to:
  - a. Biology (sex, neuroscience, development, physical health)
  - b. Psychology (cognition, emotion, psychological health, disorders)
  - c. Social (intersecting identities, roles, stereotypes, culture, environmental factors)

### **D.** Course Learning Outcomes:

Upon successful completion of the course, the student will be able to:

- 1. Analyze the changing meaning of gender identity across time and culture in and outside of the United States from a psychological perspective. (Goal 2a, 5b, 7Aa)
- 2. Use psychological theories and research to explain gender power dynamics in American society from the individual and institutional perspectives. (Goal 2a, 5a, 5c, 7Ab)
- 3. Analyze how institutional variables intersect with gender and other identities (i.e., racial, ethnic, etc.) to disadvantage diverse individuals in the United States across time. (Goal 2a, 2c, 5b, 7Ab)
- 4. Analyze your own beliefs and behaviors related to prejudice based on gender and intersecting identities. (Goal 2d, 7Ac)
- 5. Critique psychological theories of gender development. (Goal 5c)

# **E.** Methods for Assessing Student Learning:

Methods for assessment may include, but are not limited to, the following:

- 1. Objective multiple-choice exams
- 2. Classroom contribution
- 3. Written material (homework, projects, and papers) as appropriate

# F. Special Information

None